



Sat Nam Rasayan® Healing Training 2012 in Belgium Level I: Practitioner

About Sat Nam Rasayan®

Sat Nam Rasayan is the meditative healing art linked to Kundalini Yoga. It offers powerful tools that help us to stay stable in times of chaos and stress. Traditionally it was taught to heal others. It helps to release tendencies and limitations in body, mind and emotions, the common reasons for sickness. The self-healing powers of the body become activated, and we are able to meet life in a more balanced and clear state.

About the Level I training

This one-year training gives you a strong foundation to work with your meditative healing power. You develop the inner strength and compassion of a healer. It is a personal path through which you can increase your consciousness.

Training conditions

No prior knowledge is required. Prerequisite is the regular participation in the training days.

If you miss a training day, you can catch up in the next training cycle. This has no consequence for the total training fee. When you fail to notify your absence, you will need to pay for catching up.

The teachers and organizers of the training commit themselves to arrange the training in a professional manner and to notify changes in training locations and days upfront.

Content of the Level I training

During the first year of training following skills are developed:

- To allow sensations. To deepen your sensitive capacity and work in the 'sensitive space'.
- To allow and equalize everything you observe. This leads to a stable, meditative state of consciousness.
- To learn to relate to a person or object.
- To recognize the neutral state of mind which enables healing.
- To make a healing change and complete it.
- To acquire insight in the Sat Nam Rasayan healing tradition and to create your own relation to this tradition. No initiations are needed in this tradition. You can only initiate yourself.

Students are stimulated to meet regularly in between training days to practice and to develop a strong personal meditative practice.

Certified teachers of the Level I training

The 9 training days are taught by Siri Ram Singh from Hamburg and Hari Singh living in Amsterdam.



Data for the Level I training 2012 in Belgium – 9 days of training

From 09:00 till 17:30 – on Nov 24 from 14:00 till 20:00

Sat & Sun Feb 18 -19
Sat Mar 24
Sat Apr 14
Sat & Sun Jun 9 -10
Sat Oct 13
Sat & Sun Nov 24 – 25

This last weekend includes a special event on Saturday evening where people will be invited to come and experience a Sat Nam Rasayan healing.

Agenda of a training day

09:00 Kundalini Yoga class
10:00 Sat Nam Rasayan
13:00 Lunch break
15:00 Sat Nam Rasayan
17:30 Closing

Tea will be available. You can bring along your own lunch. A light lunch (ex soup & bread) will be served for 5 euro.

As from the 5th training day, participants are requested to bring along patients. This will allow them to deepen their healing practice.

Location

Zaal Assayya – Droomland 6a – Bouwel
Last weekend – to be defined

Training days with Guru Dev Singh

Each level I requires 4 training days with Guru Dev Singh. These are excluded from the training fee. Each year they are organized in Amsterdam, Dusseldorf, Darmstadt, Hamburg and other cities throughout Europe.

More info on: www.sat-nam-rasayan.eu/gurudevsingh.

Level I certification

Requirements for the Level 1 test are:

- be a Level I student of SNR for a minimum of 12 months
- 8 training days by certified teachers
- 4 full day classes with Guru Dev Singh

Written part: 10 sentences (in English): 'What is Sat Nam Rasayan'.

Practical part: during one of the training days with Guru Dev Singh. You will be requested to release a muscle within the client only by a movement in your own consciousness.

With a successful completion you receive a certificate: 'Sat Nam Rasayan Practitioner' from the International School of Sat Nam Rasayan Healing.

The Level II certification (min 2 years) leads to a "Healer" certificate.



Training fee

The training fee for the 9 training days is 680 €.
To be paid in full before Feb 1st 2012.

You can choose to pay 740 € in 10 parts of 74 € each.
The partial payments are based on a monthly transaction on the 15th of the month starting on Feb 15, 2012 till Nov 15, 2012.

Payments are also due if you interrupt the training for whatever reason.
A minimum of 10 participants is required to start the training. Training fees will be refunded in case this number is not reached.

Not included: the certification fee of 80 € and the training days with Guru Dev Singh (target price: 100 € per day).

Bank account

Dexia account: Sat Nam Rasayan Healing Belgium
IBAN BE60 0635 1979 7470
BIC: GKCCBEBB
Mentioning: Level I Sat Nam Rasayan 2012

Registration, organisation & information

Use the registration form at the last page of this document. Can also be downloaded via Internet: www.kundaliniyoga.be

To register: Pay the training fee and send your signed application form to:

Els Coenen – Ravinder Kaur
Pastoriestraat 5
2500 Lier
0032 475 90 27 71

or scan the signed form to: info@satnamrasayan.be

Your registration is official as soon as we receive your payment.

Training Responsibility

Responsible for the training is Guru Dev Singh Khalsa.
Since 1978 he was taught Sat Nam Rasayan healing on a traditional way by his master Yogi Bhajan. Since 1988 he is a Master in Sat Nam Rasayan and he teaches students all over the world. Mainly in America & Europe. He founded the International School of Sat Nam Rasayan in Rome as well as the Sat Nam Rasayan Foundation in Amsterdam.

*Sat Nam Rasayan is a trademark of the Sat Nam Rasayan International Foundation
www.satnamrasayan.eu



Registration for the Belgian Sat Nam Rasayan® Level I training in 2012

Last Name – First Name: _____

Spiritual Name: _____

Street : _____

Zip Code – Place: _____

E-mail: _____

Phone: _____

Birthday: _____

Relevant health conditions: _____

Reason for participation: _____

Training fee – indicate the way you choose:

- Payment of total fee of 680 € before
- Payment in 10 monthly parts of 74 € as from Feb 15 till Nov 15 2012 –total of 740 €

Disclaimer

The participants are fully responsible for themselves and their behavior during and outside the training days. Participants are liable for any damage and indemnify the organizers of liability.

I have read the training information and conditions. I declare that I agree with all content. With my signature I confirm that I have been informed that Sat Nam Rasayan can neither replace the diagnosis or treatment of a regular physician.

Agreement

I declare that I agree that my address, e-mail and phone can be shared among the training participants and used for the sending of a regular newsletter. I will treat the address details of participants according to the law of personal privacy protection.

- Yes
- No

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Location, Date

Signature